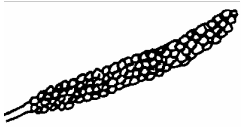
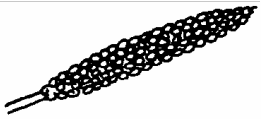
2.7. Aliments

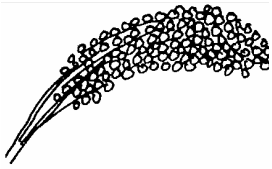


mɩmpoonə
petit mil (120 jours)
récolte : nov.-déc.

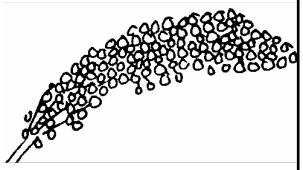


caara
mil hâtif (60 jours)
juillet - août

banyɩɩrʋ
petit sorgho gris
novembre – déc.



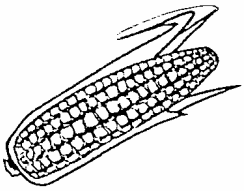
bəniŋə
sorgho blanc
récolte : nov. - déc.



kadaga (kadaa)
sorgho rouge
sept. - octobre

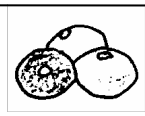
yara
sorgho gris
novembre - décembre

mumunə
riz
récolte : oct. - nov.

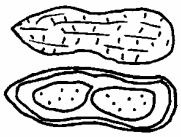


kamaana
maïs
sept. - octobre

gwə
noix de cola



siə
pois de terre
septembre - octobre

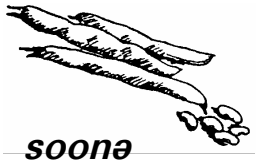


nangur-nɔɔnʋ
arachides (4 mois)
récolte : oct. - nov.

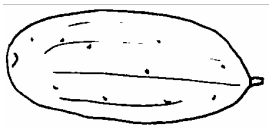
nangur-kaca
arachides (2 mois)
sept. - octobre

pɩ
igname
novembre – décembre

nanluguri
patates douces
récolte : sept. - oct.



soonə
haricots
oct. - novembre



gaanɩ
courge (curcurbita pe.)
septembre - octobre

jambwalɩ
aubergine (Luffa cyl)
récolte : août - sept.

cələmi
aubergine
sept. - octobre

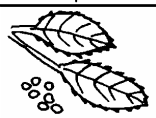
cəlmantuə
tomate
août - septembre

nanjuə
piment
récolte : sept. - oct.

kampɛɛsa
fabirama
sept. - octobre

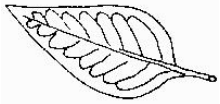
pwəri
gombo
juillet - octobre

nyasaŋ-biə
sésame
oct. - nov.

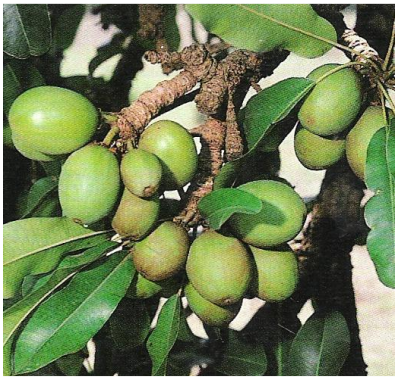


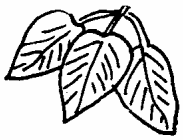
kanzaga
oseille (dah)
juin - nov.

vɩʊ
oseille
sept. - oct.

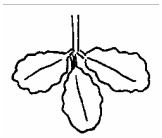


jambassɔɔnɩ
feuilles (cassia tora)
oct. - nov.

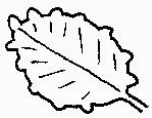




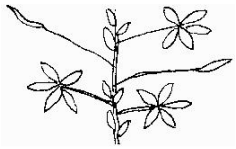
saa
feuilles de haricots
juin - sept.



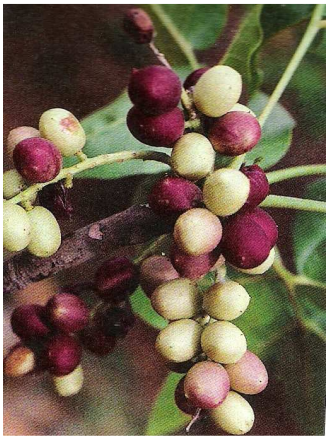
ayoyo
herbacée
(corchorus tridens.)
juin - sept.



aliəfuu
feuilles pour sauce
(amaranthus vir.)
juin - août



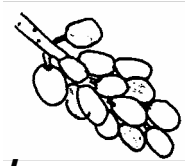
nangɩm
herbacée
(gynandrospsis gigant.)
mai – juin



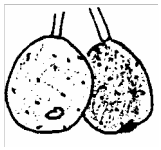
kwəənu
champignons
juin -août

swan
fruit du karité
mai - juillet

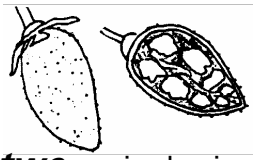
sɛɛrʊ
noix de karité
mai - juillet



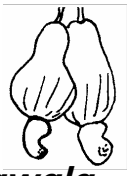
kacɩnnʊ
raisins(Lannea microc.)
juin



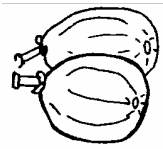
kanyɔna
prunes (vitex doniana)
juin



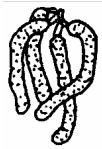
twe pain de singe
fruit sec du baobab
janvier - mars



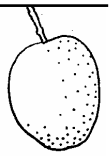
tangwala
anacarde (pomme cajou)
février - mars



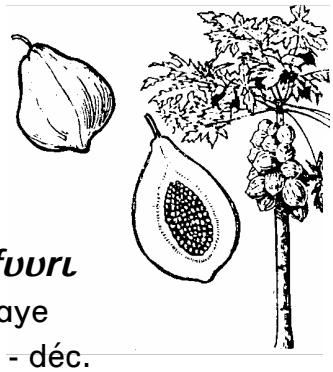
mɔɔla
figues
avril - juin



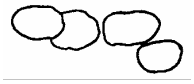
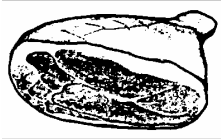
sʊnnʊ
néré mars –avril



mangoo
mangue
février - mai



borfʊʊrɩ
papaye
nov. - déc.

		
maasa galettes de mil ou maïs	***koosə dɩ kɛnkɛ*** beignets de haricots ou pois de terre	***pɛɛla*** beignets de haricots ou pois de terre
		
gʊlɩ tô	***kapwəənu*** bouillie	***nwam*** viande